

Hyper-Independence

A trauma response in our Employees

Through my own trauma experiences and working with my amazing corporate coaching clients I have seen a response emerge that I never knew had a label. While not a therapist I am always working to stay in my expertise as a trained Coach, providing thought-provoking questions and offering ideas around my observations is something that I am passionate about. To learn more about Hyper-Independence please read on.

Yours in Success,
Coach Tara



To read the complete article, click this link:

<https://sway.office.com/Jrx1iGqLQVVB0a3N?ref=Link>

60 Second Reboot Meditation:

<https://tinyurl.com/45zufwj>

TM-Flow and the most frequently used ICD-10 codes as outlined in LCD Guidelines L35395

- **G90.09 - Idiopathic Peripheral Autonomic Neuropathy**
- **R55 - Syncope and Collapse**
- **I95.1 - Orthostatic Hypotension**
- **E11.43, E11.49, E11.42 - Type 2 Diabetes Mellitus**
- **R42 - Dizziness**
- **H81.13 - Vertigo**
- **I10 - Hypertension**
- **TM-Flow: A Game-Changer in Diagnostic Testing**

TM-Flow is a revolutionary diagnostic testing tool designed to assess autonomic nervous system (ANS) function. By accurately measuring autonomic responses, TM-Flow helps healthcare professionals gain valuable insights into various conditions and symptoms, leading to more accurate diagnoses and targeted treatment plans.

Indications for TM Flow Testing

Wondering if TM-Flow is right for you? Here are some common indications for TM Flow testing:

1. **Unexplained Syncope or Pre-Syncope:** If you or your patients are experiencing unexplained fainting spells or near-fainting episodes, TM-Flow can help identify any underlying ANS dysfunction.
2. **Autonomic Neuropathy:** Patients with autonomic neuropathy often exhibit symptoms such as orthostatic hypotension, gastrointestinal dysmotility, and urinary dysfunction. TM-Flow can aid in diagnosing and monitoring these conditions.
3. **Cardiovascular Disorders:** Certain cardiovascular disorders such as vasovagal syncope, postural orthostatic tachycardia syndrome (POTS), and neurocardiogenic syncope may benefit from TM-Flow testing to assess ANS function.

Conditions and Symptoms for ANS Testing

TM-Flow can be instrumental in assessing various conditions related to autonomic dysfunction. Some common symptoms that may warrant ANS testing include:

1. **Orthostatic Intolerance:** Individuals experiencing lightheadedness, dizziness, or palpitations upon standing may have underlying autonomic dysfunction that can be evaluated using TM-Flow.
2. **Gastrointestinal Dysmotility:** Patients with symptoms like gastroparesis or irritable bowel syndrome may benefit from ANS testing to evaluate the involvement of autonomic dysfunction.

3. **Urinary Dysfunction:** TM-Flow is also valuable in assessing conditions such as neurogenic bladder or urinary retention, which can be associated with ANS abnormalities.

Covered Diagnoses for Autonomic Testing

TM-Flow testing is often covered by insurance for the following diagnoses:

1. **Autonomic Neuropathy**
2. **Orthostatic Hypotension**
3. **Vasovagal Syncope**
4. **POTS (Postural Orthostatic Tachycardia Syndrome) - part of the constellation of symptoms sometimes called "long haulers syndrome."**
5. **Multiple System Atrophy**

If you or your patients present with any of these conditions, TM-Flow may be an essential tool in diagnosing and managing autonomic dysfunction.

We hope this overview has provided you with a better understanding of TM-Flow and its applications in diagnostic testing. If you have any further questions or would like more information, please don't hesitate to reach out to our knowledgeable team.

Also including SEO info (3 variants):

Discover TM-Flow, the cutting-edge diagnostic testing solution that is revolutionizing the industry. With its advanced technology and seamless integration, TM-Flow streamlines the testing process, saving time and improving accuracy. Stay ahead of the curve with this game-changing innovation in diagnostic testing.

TM-Flow is revolutionizing diagnostic testing with its innovative technology. Experience faster and more accurate results, enhanced workflow efficiency, and improved patient care. Discover how TM-Flow is changing the game in diagnostic testing today.

Discover the game-changing power of TM-Flow in diagnostic testing. This innovative technology revolutionizes the way diagnostic tests are conducted, providing accurate and efficient results. Learn more about TM-Flow and how it can transform your diagnostic testing process today.

